

# Charville Academy Lunch Menu

2020



Week Three

w/c 21 Sept, 12 Oct, 9 Nov, 30 Nov, 4 Jan, 25 Jan

|                                   | Monday                                 | Tuesday                             | Wednesday   | Thursday  | Friday                        |
|-----------------------------------|--|-------------------------------------|---|---|-------------------------------|
| <b>Meal Option 1<br/>(Red)</b>    | Macaroni Cheese<br><b>G Mk</b>         | Beef Bolognaise<br><b>G Ce So</b>   | Roast Chicken<br>Stuffing & Gravy<br><b>G Ce So</b>       | Pork Sausage & Gravy<br><b>G Ce So Su</b>             | Fish Fingers<br><b>G F</b>    |
| <b>Meal Option 2<br/>(Yellow)</b> | Tomato & Basil Pasta<br><b>G Ce So</b> | Vegetable Savoury Rice<br><b>G</b>  | Halal Roast Chicken<br>Stuffing & Gravy<br><b>G Ce So</b> | Halal Chicken Sausage &<br>Gravy<br><b>G So Ce Su</b> | Veggie Fingers<br><b>G Ce</b> |
| <b>Meal Option 3<br/>(Green)</b>  | Jacket Potato with<br>Cheese <b>Mk</b> | Veggie Bolognaise<br><b>G Ce So</b> | Roasted Peppers   | Veggie Sausage & Gravy<br><b>Ce G</b>                 | Jacket Potato with<br>Beans   |
| <b>Carbohydrates</b>              | Pasta <b>G</b>                         | Spaghetti <b>G</b>                  | Roast Potato <b>So</b>                                    | Mash Potato   | Chips <b>So</b>               |
| <b>Vegetables</b>                 | Mixed Salad                            | Mixed Vegetables                    | Carrots   | Peas  | Baked Beans                   |
| <b>Dessert</b>                    | Fruit Crumble & Custard<br><b>G Mk</b> | Jelly (V)                           | Shortbread <b>G</b>                                       | Apple Cake <b>G E</b>                                 | Ice Cream <b>Mk</b>           |



**Available Daily** – Fresh salad, wholemeal bread, fresh fruit and a choice of either water or milk.

For any special diet requirements, please contact our Catering Manager.

## Allergens

CE - Celery F - Fish Mk -Milk N - Nuts So - Soya Cr - Crustacean

G - Cereals containing Gluten Mo - Molluscs P - Peanuts E - Eggs

Su - Sulphur Dioxide L - Lupin Mu - Mustard Se -Sesame Seeds

## School Meals

Children in Reception, Year 1 & 2 do not have to pay for their school meals.

£2.30 per day or £11.50 per week

FOOD HYGIENE RATING

0 1 2 3 4 **5**

VERY GOOD