

# Charville Academy Lunch Menu

2020



## Week One

w/c 7 Sept, 28 Sept, 19 Oct, 16 Nov, 7 Dec, 11 Jan, 1 Feb

	Monday	Tuesday	Wednesday	Thursday	Friday
Meal Option 1 (Red)	Salmon Potato Skins <b>F Mk</b>	Jacket Potato with chicken mayo <b>E</b>	Roast Chicken Stuffing & Gravy <b>G Ce So</b>	Macaroni Cheese <b>G Mk</b>	Fish Fingers <b>F G</b>
Meal Option 2 (Yellow)	Chilled Tuna & Sweetcorn Pasta <b>G F E</b>	Cheese & Tomato Pizza <b>Mk G</b>	Halal Roast Chicken Stuffing & Gravy <b>G Ce So</b>	Halal Chilli Beef Tacos <b>G CE So</b>	Veggie Burger <b>G may contain sesame seeds</b>
Meal Option 3 (Green)	Tomato & Basil Pasta <b>G So</b>	Jacket Potato with Beans	Vegetable Casserole <b>G Ce So</b>	Spicy Bean Tacos <b>G Ce So</b>	Jacket Potato with Veggie Chilli <b>G Ce So</b>
Carbohydrates	Pasta <b>G</b>	Potato Wedges <b>So</b>	Roast Potato <b>So</b>	Rice / Pasta <b>G</b>	Chips <b>So</b>
Vegetables	Sweetcorn	Mixed Salad	Carrots	Mixed Vegetables	Baked Beans
Dessert	Fruit Crumble & Custard <b>Mk G</b>	Jelly <b>(V)</b>	Shortbread <b>G</b>	Fruit Cake <b>E G</b>	Ice Cream <b>Mk</b>



**Available Daily** – Fresh salad, wholemeal bread, fresh fruit and a choice of either water or milk.

For any special diet requirements, please contact our Catering Manager.

### Allergens

CE - Celery F - Fish Mk - Milk N - Nuts So - Soya Cr - Crustacean  
 G - Cereals containing Gluten Mo - Molluscs P - Peanuts E - Eggs  
 Su - Sulphur Dioxide L - Lupin Mu - Mustard Se - Sesame Seeds

### School Meals

Children in Reception, Year 1 & 2 do not have to pay for their school meals.

KS2—£2.30 per day or £11.50 per week

