



## P. H. E

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<b>Invasion Games</b> Ball Manipulation	<b>Striking and Fielding Games</b> Sending Retrieving Blocking	<b>Dance</b> Travel Jump Turn	<b>Gymnastics</b> Balance Rolling Turning	<b>Net and Wall Games</b> Sending into space	<b>Athletics</b> Exploring Movement Challenges Higher faster further
Year 2	<b>Invasion Games</b> Ball Manipulation	<b>Striking and Fielding Games</b> Sending Retrieving Blocking	<b>Dance</b> Create Phrases	<b>Gymnastics</b> Simple Sequence	<b>Net and Wall Games</b> Sending into space	<b>Athletics</b> Exploring Movement Challenges Higher faster further
Year 3	<b>Invasion Games</b> Attacking and Defending	<b>Striking and Fielding Games</b> Sending Retrieving Blocking	<b>Dance</b> Travelling & Expression Combination Phrases	<b>Gymnastics</b> Sequence Construction	<b>Net and Wall Games</b> Sending into space	<b>Athletics</b> Exploring Movement Challenges Higher faster further
Year 4	<b>Invasion Games</b> Attacking and Defending	<b>Striking and Fielding Games</b> Sending Retrieving Blocking	<b>Dance</b> Travelling & Expression Combination Phrases	<b>Gymnastics</b> Sequence Construction	<b>Net and Wall Games</b> Sending into space	<b>Athletics</b> Exploring Movement Challenges Higher faster further
Year 5	<b>Invasion Games</b> Attacking and Defending	<b>Striking and Fielding Games</b> Sending Retrieving Blocking	<b>Dance</b> Cultural & Traditional Dance	<b>Gymnastics</b> Vault & Complex Group Sequences	<b>Net and Wall Games</b> Sending into space	<b>Athletics</b> Exploring Movement Challenges Higher faster further
Year 6	<b>Invasion Games</b> Attacking and Defending	<b>Striking and Fielding Games</b> Sending Retrieving Blocking	<b>Dance</b> Cultural & Traditional Dance	<b>Gymnastics</b> Vault & Complex Group Sequences	<b>Net and Wall Games</b> Sending into space	<b>Athletics</b> Exploring Movement Challenges Higher faster further