



# HILLINGDON

LONDON

## YEAR 6 2023-24 Bikeability Level 1&2 - Charville Academy

Dear Parent/Guardian

On behalf of your child's school, I am writing to invite your child to a safer cycling course, which will enable them to complete Levels 1 and 2 combined.

### Course Information:

The course will run for 4 days for 2 hours each session.

- Trainees **MUST** be able to ride a bike at a basic level of competence unaided. To include, cycle in a straight line, cycle one handed (L & R), use brakes to slow-down/stop.
- Trainees attending the Bikeability course must have their own bike or use a suitable bike. Trainees must attend all sessions (unless they are unsuccessful in Level 1). The bike **MUST** be roadworthy or they will not be able to take part in the course. Please view the [TFL Quick Cycle Safety Check](#) and [LB of Hillingdon Cycle Check](#) to help.

Monday 16th October 2023	Level 1	9:30 – 11:30 & 13:00 – 15:00
Tuesday 17th October 2023	Level 2	9:30 – 11:30 & 13:00 – 15:00
Wednesday 18th October 2023	Level 2	9:30 – 11:30 & 13:00 – 15:00
Thursday 19th October 2023	Level 2	9:30 – 11:30 & 13:00 – 15:00

You can apply for your child to attend this course by completing the online booking form via the link below

[Online Bikeability Booking Form](#)

Applicants will be registered on a first come first serve basis.

Yours sincerely,  
*Ian Ramsay*

Ian Ramsay  
**Borough Cycle Support Officer**

To find out more about Bikeability visit <https://bikeability.org.uk/>

**Cycling Services**  
London Borough of Hillingdon,  
3N/04, Civic Centre, High Street,  
Uxbridge, Middlesex UB8 1UW  
[cycling@hillington.gov.uk](mailto:cycling@hillington.gov.uk)  
[www.hillingdon.gov.uk](http://www.hillingdon.gov.uk)