



World Mental Health Day

Tuesday 10th October 2023



Next Tuesday is World Mental Health Day and next week's learning will include a focus on children's mental health.

Statistics from the National Children's Society suggest that 1 in 6 children aged 5-16 are likely to have mental health struggles.

In a school setting this means that based on a class of 30 children, 5 may need mental health support.

In school we have a highly experienced Pastoral Team as well as Time to Talk. They are both designed to support any child that may require support and we also have a team of staff trained as Mental Health First Aiders.

We work closely with relevant outside agencies in order to seek support and advice for the children in our care.

As parents and carers there is a wealth of support available to support you to support your child's mental health. Below are some useful websites that may be of interest:

<https://www.childrenssociety.org.uk/>

<https://www.mind.org.uk/>

<https://www.nhs.uk/every-mind-matters/supporting-others/childrens-mental-health/>

We are an Enhanced Values Based School



The values for the month of October and Pride and Precision.

We define Pride as:

A sense of worth in all you do.

We define Precision as:

Being exact.

In assembly on Monday we introduced these values to the children and referred to the pride we take in our school uniform as well as the pride and precision we demonstrate in our learning and behaviour.

Harvest Festival and Hillingdon Food Bank



During the month of October, we teach the children about the harvest across the country and explain that this is how some of our food ends up on our plates and tables.

Once again, we have taken this as an opportunity to support our local foodbank. This is particularly important as the country continues to experience a cost of living crisis.

On Monday we spoke to all the children about how we can support local families in need at a time when food is particularly expensive. We are asking for families to donate foods that we can then donate directly to the Hillingdon foodbank. We are asking for donations of non-perishable foods such as:

Long life milk, cereals, tinned foods, dry foods such as bags of rice and pasta as well as cleaning products, toiletries and sweet treats such as biscuits. If you are able to donate please send the item/s in with your child as they will be able to place them in the box allocated to their year group. Please send in all donations by Friday 13th October.

Congratulations



Congratulations to Mr Maguire and his wife who welcomed their son into the world last Friday.

Mummy and baby are both well and we wish them all the very best for the future.

Welcome to the Team



We are looking forward to welcoming Mr Robotham to our staff team as the new Site Manager. Mr Robotham will be joining us during half term and we look forward to working with him in the future.

Breakfast Club



We have seen an increase in the number of children using this facility. Due to staff to pupil ratios we can only offer this provision to 32 children per day. If the provision is fully booked on a given day we will have to decline further requests.

Parent Consultation Evening

11th October 2023

3:30-8:30pm

On Wednesday we issued the Parent Consultation Evening letter. Parent Consultation Evening is on 11th October (please see separate letter issued to 4MA) and all appointments are in school as this gives you the opportunity to see your child's work. Each slot is 10 minutes long and if you do require additional time you will be asked to make another appointment at a convenient time.

Please follow the instructions in the letter to make your appointment and you will need to follow the separate links issued in the letters if you have more than one child.

During the evening we will be joined by representatives from:

Key-Working Team – Debbie Beeken from 3:00-7:00pm

Children Centre Staff – Children Centre Manager 3:00-5:00pm

Young Carers from 3:00-6pm

They will not be doing presentations and are there for you to talk to about any questions you may have. There is no appointment system.

If you have any questions regarding Parent Consultation evening please speak to your child's teacher.

Charville Academy is not responsible for the content of external websites

LETTERS / EMAILS HOME THIS WEEK

- ❖ *Parents Evening letters – Nursery 30 hour, Reception, Year 1, 2, 3, 4 & 6.*
- ❖ *PTA Disco – Reception, Year 1 and Year 2*
- ❖ *PTA Disco – Year 4 to Year 6*
- ❖ *Reception Questionnaire from the Nursing Team – Reception*
- ❖ *Charville Community Centre – Halloween party flyer*

Please check the website on a regular basis for school events as this is regularly