

TALK

P

A

N

T

S

LIKE PANTOSAURUS!



NSPCC

Meet Pantosaurus

NSPCC

presents



PANTOSAURUS

This lesson is one of the many ways we try to keep you safe.

Your body

- Your body belongs to you.



Good and bad touch

- Touch can be good or bad
- People touch you for different reasons
- Sometimes touch feels bad, but is necessary.
For example: when we go to the dentist or get a vaccination
- You should never be asked to keep secrets about touch, if it makes you feel uncomfortable.



P is for...



P RIVATES
ARE PRIVATE

A

N

T

S



A is for...



P RIVATES
ARE PRIVATE

A LWAYS REMEMBER YOUR
BODY BELONGS TO YOU

N

T

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N is for...



PRIVATES
ARE PRIVATE

ALWAYS REMEMBER YOUR
BODY BELONGS TO YOU

NO MEANS NO

T

S



T is for...



P RIVATES
ARE PRIVATE

A LWAYS REMEMBER YOUR
BODY BELONGS TO YOU

N O MEANS NO

T ALK ABOUT SECRETS
THAT UPSET YOU

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S is for...



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S PEAK UP, SOMEONE
CAN HELP



The Talk PANTS rules:

P RIVATES ARE PRIVATE

A LWAYS REMEMBER YOUR BODY BELONGS TO YOU

N O MEANS NO

T ALK ABOUT SECRETS THAT UPSET YOU

S PEAK UP, SOMEONE CAN HELP



Think – pair – share



Always remember your body belongs to you

What does this PANTS rule mean?

Speak up, someone can help

Think of safe adults, inside and outside of school, that you could talk to if you had any worries or something you needed to tell a safe adult about:



In school

Any staff member with a black or green lanyard.

At home
Parent or carer
Safe adult



Childline

0800 1111

Search: childline kids