

Menu WEEK 1

Week Commencing: **31st August, 21st September, 12th October**

Charville Academy

Monday

Beef Bolognese *G,W,B,So*

Spaghetti *W, G*

Tuesday

Cheese & Tomato Pizza
W,G,MK

Potato Wedges *So*

Wednesday

Roast Chicken

Stuffing *G,W*

Roast Potatoes *So*

Thursday

Chicken Curry *G,W,B,So*

Rice

Friday

Fish Fingers *G,W, F*

Chips *So*

Halal Beef Bolognese *G, W,B, So*

Spaghetti *W,G*

Cheese & Tomato Pizza
W,G,Mk

Potato Wedges *So*

Halal Roast Chicken

Stuffing *G,W*

Roast Potatoes *So*

Halal Chicken Curry *G,W,B,So*

Rice

Veggie Fingers *G,W*

Chips *So*

Lentil Bolognese *G,W,B,So*

Spaghetti *W,G*

Jacket Potato

Cheese *Mk*

Baked Beans

Quorn Roast *E, Mk*

Stuffing *G,W*

Roast Potatoes *So*

Chickpea & Potato Curry
G,W,B,So

Rice

Jacket Potato

Cheese *Mk*

Beans

Seasonal Vegetables

Mixed Salad

Seasonal Vegetables

Seasonal Vegetables

Baked Beans

Seasonal Fruit

Fruit Jelly *(V)*

Banana Cake *E,W,G*

Apple Crumble & Cream
G,W,MK

Ice Cream *Mk*

Available every day Fresh Salad Bar, Selection of Fruit, Wholemeal Bread & Crackers. Milk or Water

Food Allergy Matrix can be found on the school website



Allergens *Ce—Celery F --Fish Mk-Milk N—Nuts So - Soya*
Cr-Crustacean E-Eggs G -Cereals containing Gluten W— Wheat B— Barley
Mo-Molluscs P-Peanuts Su-Sulphur Dioxide L-Lupin Mu-Mustard
Se —Sesame Seeds V—Vegetarian