Menu WEEK 1

Week Commencing: 2nd November,23rd November, 14th December

Charville Academy

	Monday	Tuesday	Wednesday	Thursday	Friday
Red Option	Beef Burger in a Bap *G,W may contain Se* Diced Potatoes *G,W*	Beef Chilli *May contain Gluten* Rice	Roast Chicken Stuffing *G,W* Roast Potatoes *So*	Chicken Casserole New Potatoes	Fish Fingers *G,W, F* Chips *So*
Blue Option	Halal Beef Burger in a Bap *G,W may contain Se* Diced Potatoes *G,W*	Halal Beef Chilli *May contain Gluten* Rice	Halal Roast Chicken Stuffing *G,W* Roast Potatoes *So*	Halal Chicken Casserole New Potatoes	Veggie Fingers *G,W* Chips *So*
Green Option	Vegetable Burger in a Bap *G,W may contain Se* Diced Potatoes *G,W*	Vegetable Chilli *May contain Gluten* Rice	Cheese Pastry Turnover *G,W,Mk* Stuffing *G,W* Roast Potatoes *So*	Macaroni Cheese *W,G,MK* Garlic Bread *G,W may contain MK,B,So,Oats,Rye*	Jacket Potato Cheese *Mk* Beans Tuna *F*
Vegetables	Spaghetti Hoops *G,W*	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans
Dessert	Seasonal Fruit	Apple Crumble & Custard *G,W, Mk*	Yoghurt *Mk*	Carrot Cake *G,W,E*	Ice Cream *Mk*

Available every day Fresh Salad Bar, Selection of Fruit, Wholemeal Bread & Crackers. Milk or Water

Food Allergy Matrix can be found on the school website



Allergens *Ce—Celery F --Fish Mk-Milk N –Nuts So - Soya*
Cr-Crustacean E-Eggs G -Cereals containing Gluten W– Wheat B– Barley
Mo-Molluscs P-Peanuts Su-Sulphur Dioxide L-Lupin Mu-Mustard
Se –Seasame Seeds V—Vegetarian