

Charville Academy Lunch Menu – Spring / Summer 2020

Free for KS1, £2.30 per day, £11.50 per week

WEEK ONE	WEEK TWO	WEEK THREE
W/C 24 Feb, 16 March, 20 Apr, 11 May, 8 June, 29 June	W/C 2 March, 23 March, 27 Apr, 18 May, 15 June, 6 July	W/C 9 March, 30 March, 4 May, 1 June, 22 June, 13 July
<p>Vegetarian Monday V- Chillli Bean Casserole & Midi Potato (Ce,G) J- Jacket Potato with Beans or Tuna (F,E) Yoghurt (Mk)</p> <p>Tuesday M- Fish Fingers & Mashed Potato (F,G,So) V- Salmon Potato Skins (F,Mk) P- Packed Lunch: Cheese (Mk,G,So,) or Ham (G,So) Fruit Jelly (V)</p> <p>Roast Wednesday M- Roast Chicken, Roast Potato & Stuffing, Gravy (G,So) H- Roast Chicken, Roast Potato & Stuffing, Gravy (G,So) J- Jacket Potato with Cheese (Mk) or Beans Shortbread (G)</p> <p>Thursday H- Chicken Curry & Rice (G) V- Vegetable Curry & Rice (G) P- Packed Lunch: Cheese (Mk,G,So) or H Chicken (G,So) Mixed Fruit Crisp & Custard (Mk,G)</p> <p>Friday M-Cheese & Onion Flan, Chips & Baked Beans (Mk,E,G,) H- Cheese & Onion Flan, Chips & Baked Beans (Mk,E,G) J- Jacket Potato with Cheese (Mk) or Beans Vanilla Ice Cream (Mk)</p>	<p>Vegetarian Monday V- Roasted Vegetable Pasta (G,So) J- Jacket Potato with Beans or Tuna (F,E) Yoghurt (Mk)</p> <p>Tuesday M-Chicken Pie & New Potatoes (Mk,G) V- Vegetable Pie & New Potatoes (Mk,G) P- Packed Lunch: Cheese (Mk,G,So,) or Ham (G,So) Fruit Jelly (V)</p> <p>Roast Wednesday M- Roast Chicken, Roast Potato, Yorkshires, Gravy (G,So,Mk,E) H- Roast Chicken, Roast Potato, Yorkshires, Gravy (G,So,Mk,E) J- Jacket Potato with Cheese (Mk) or Beans Shortbread (G)</p> <p>Thursday H- Beef Spaghetti Bolognese (Ce,So,Su,G) V- Vegetable Spaghetti Bolognese (G,Ce,So,Su) P- Packed Lunch: Cheese (Mk,G,So) or H Chicken (G,So) Apple Cake & Custard (Mk,E,G)</p> <p>Friday M- Cheese & Tomato Pizza, Chips & Hoops (Mk,G,So) H- Cheese & Tomato Pizza, Chips & Hoops (Mk,G,So) J- Jacket Potato with Cheese (Mk) or Beans Strawberry Ice Cream (Mk)</p>	<p>Vegetarian Monday V- Red Pepper Pasta (G,So) J- Jacket Potato with Beans or Tuna (F,E) Yoghurt (Mk)</p> <p>Tuesday M- Pork Stir Fry & Noodles (So,Su,E) V- Stir Fry Vegetables & Rice (So,G) P- Packed Lunch: Cheese Sandwich (Mk) or Ham(G,So) Fruit Jelly (V)</p> <p>Roast Wednesday M- Roast Chicken, Roast Potato & Stuffing, Gravy (G,So) H- Roast Chicken, Roast Potato & Stuffing (G,So) J- Jacket Potato with Cheese (Mk) or Beans Shortbread (G)</p> <p>Thursday H- Savoury Mince Beef with New Potato (G,Ce,So) V- Vegetable Casserole with New potato (Ce,SoG) P- Packed Lunch: Cheese (Mk,G,So,) or H Chicken (G,So,) Carrot Cake & Custard (G,E,Mk)</p> <p>Friday M- Fish Fingers, Chips & Baked Beans (F,G,So) H- Fish Fingers, Chips & Baked Beans (F,G,So) J- Jacket Potato with Cheese (Mk) or Beans Chocolate Ice Cream (Mk)</p>

Jacket Potato with a set topping every Monday, Wednesday & Friday.

Packed Lunch with set fillings every Tuesday & Thursday.....Packed Lunches will include a sandwich, fresh salad, pasta & dessert of the day.

Fresh Salad Bar, Wholemeal Bread (G,So,Su) & Seasonal Vegetables available daily.

M– Main Meal H– Halal V– Vegetarian
J- Jacket Potato Option P- Packed Lunch Option

Allergens

CE=Celery F= Fish Mk=Milk N= Nuts So = Soya Cr= Crustacean
G= Cereals containing Gluten Mo= Molluscs P= Peanuts Su= Sulphur Dioxide
E= Eggs L= Lupin Mu= Mustard Se=Sesame Seeds



FOOD HYGIENE RATING

0 1 2 3 4 **5**

VERY GOOD